

Tips for Ensuring Data Security

Maximising data security

There are always potential data security risks with any computer or internet connection, and therefore it is important to manage/store your data in a way that would mitigate any security risks from, for example, your system being hacked in the future.

Some strategies you should use to reduce the risk of compromised security:

1. Ensure that you do not keep sensitive client information on the device that you are conducting the video consultations from. All sensitive information should be kept within the secure REDCap platform which is password-protected and uses Two-Factor Authentication.
2. Only allow people (e.g., colleagues) to access your device if they require it. Ensure people are granted only the level of access that allows them to obtain the information they need e.g., ensure that they CANNOT access any TeleFFIT participant information.
3. Think about the technical protection you should maintain, such as an up-to-date firewall (network security designed to prevent unauthorized access to or from a network) and quality anti-virus protection, locking your Wi-Fi network (password access) and securely storage your devices when not in use.

